

## **Best Practice-1** **“Harnessing 4-H for the 6 Cs of Development”**

4-H: Head, Heart, Hands and Health for

6-Cs: Competence & Character, Caring & Connection, Confidence and Contribution

### **Goals**

Augmenting dimensions of 4-H for 6Cs of development to help transform students into fully functional individuals who commiserate with and contribute to their living and non-living surroundings.

**Head**, the cognitive dimension for **Competence and Character**;

**Hands**: psychomotor dimension for **Confidence**;

**Heart**: affective and relational dimension for **Caring and Connection**;

**Health**: mental and physical dimensions to optimize **Contribution**

### **Context**

This program aims to apply the holistic, intergraded, and experiential approaches which are also the objectives of contemporary education.

### **Practice**

**"Head"** aims at critical reflection for developing an individual's **Competence and Character**. A positive view of one's actions in specific areas, including social and academic skills along with respect for societal and cultural norms, possession of standards for correct behaviours, a sense of right and wrong, and integrity. Besides the recommended curriculum, the students are provided intellectual exposure through class, college and expert lectures. Critical thinking is encouraged through extensive use of PowerPoint presentations and group discussions and brain-storming sessions. The College provides ample opportunities for its students to become aware of themselves and their morality and culture.

**"Heart"** works towards relational knowing for developing **Caring and Connection**. A sense of sympathy and empathy for others along with Positive bonds with people and institutions that are reflected in exchanges between the individual and their peers, family, and community and in which both parties contribute to the relationship. It is an attempt towards **value education** where the students are not only passionate about what they do, but they also feel connected to the learning process and are also aware of how their outcomes affect them and others around them. **Commitment towards community and Social Responsibility** is a basic value that is inculcated in all students through activities of various cells and clubs. The **KCW Green Policy** aims to help the students in “connecting with nature” through the 3-R practices and upcycling, Segregation of Waste, Stubble Burning Awareness, Swatchhta-both of self and one's surroundings.

**"Hands"** propagates supplementing skills and attitudes for **Confidence**. An internal sense of overall positive self-worth and self-efficacy. This aspect of the program involves learning by doing, and getting a feel for how things actually work. The students are provided with special opportunities to explore themselves and know their capabilities and talents. Committed efforts help us make a mark in various cultural and heritage events. Practicing perseverance and a disciplined lifestyle has always resulted in our students staying abreast in sports and inculcate Confidence in not only thinking but also doing.

**"Health"** for optimizing **Contribution**: Working for the 5Cs lead to the acquisition of the 6th C- Contributions to self, family, community, and to the institutions of civil society. **Working towards a harmony of Mental Health and Physical Fitness** regime to foster healthy and

sustainable lifestyle practices for efficiency. Various mental health drives, expert lectures, numerous Health camps and awareness videos for enhancing Physical and Mental health were contributed by KCW Counselling Cell and all departments and clubs.

### **Evidence of Success**

- Provided well well-founded congregation of intellectuals and other stakeholders of higher education with the students to promote higher-order thinking- Prestigious seminars along with a plethora of expert lectures commanded the academic ambience of the institution
- Increased participation in ancillary activities concomitant to overall scholastic enterprise – marked presence in winners list for youth festival, literary and scientific activities
- A stalwart in sports achievements, our college has contributed substantially to the medal tally of the Panjab University Sports Achievements at the National and International Levels.
- Holistic development of personalities. A large number of students have bagged University positions and have won accolades in Extra-
- Holistic development of personalities. A large number of students have bagged University positions and have won accolades in Extra-Curricular Activities and Youth Festival Items too.
- Positive vibes in the campus due to amicable ambience amongst the stakeholders and fostering of interpersonal relationships among the students; there is no problem of ragging or interpersonal conflict.

### **Problems Encountered**

- These initiatives demand energy, time and resources on part of the faculty as well as the students.
- The time constraints within the academic calendar call for a balance between attaining academic goals along with various extracurricular and extension activities
- It is only commitment on part of the faculty and sustained motivation of students that makes these practices a success.

## **Best Practice II**

### **PETAL-Program for Excellence in Teaching and Learning**

#### **Goal**

To create engaging and inclusive learning environments for the students.

Fostering a community of Scholarly teachers focused on academic success and capacity building.

To integrate pedagogical best practices; design and deliver effective, inclusive information-an amalgamation of excellence in teaching and learning situations

#### **Context**

Since education is both a training of minds and souls, it should give both knowledge and wisdom. Thus, it is imperative that a seat of higher education should provide amicable opportunities, facilities and tools for the throughput of factual knowledge and exposure so as to enable the metamorphosis of these facts into rational action-taking potential.

#### **Practice**

**The Induction/Orientation Program:** The college has an elaborate orientation programme for creating a firm foundation for an ideal teaching-learning situation. It aims to introduce the newcomers to the rich traditions of KCW and to create bonding of newcomers with their

seniors and teachers. It further aims to accentuate the academic and par academic fervour in the senior students while channelizing them to concrete goal setting and achievement. Customized Orientation Programs are designed by the college IQAC for the students at various levels of UG and PG courses.

Follow-up Orientation Programmes are held at the departmental level. They are more subject-specific and serve as a useful tool in bridging the gap between existing knowledge and upcoming syllabus that they are going to study. The formal induction process culminates with the Fresher's get-togethers, the grand and resplendent ceremonies of various departments, organized by the senior students to formally welcome the newcomers to the College.

***Curriculum Review and use of e resources:*** The IQAC of the college is focused on development of a curriculum that is updated and dynamically oriented in order to meet the needs of the ever-changing technology and times. The Board of Studies members of Undergraduate and Postgraduate courses of the college are in constant touch with the heads and faculty of their respective departments. They channelize the relevant feedback regarding syllabus review and ensure the recommended corrections needed from time to time.

***Capacity Building Workshops for Faculty and Students:*** This is an attempt to obtain, improve and retain skills, knowledge for the teachers and the taught.

These follow a two-pronged strategy: the first aims at training the trainers-helping the faculty spruce up their knowledge according to changing technology and times. Various Online Education workshops and E-content developing strategies helped the teachers to modify teaching strategies. The second aspect consists of experiential learning situations for the students to enable them to have a hands-on experience at the various work situations that they will encounter in real life.

***Observations and Analysis:*** These are the basics to any developmental process.

Departmental meetings are devoted to observations and discussion of lesson plans and unitization of the syllabi. The new staff is given special information on teaching tools that can be easily applied in the class along with the latest e-resources. Productive sessions on the availability and usage of online study materials are ensured.

Besides this, special departmental meetings are held to discuss and brainstorm various ways to deal with a topic. The results of the students are discussed and customized teaching strategies are formulated for slow learners and the educationally adept in order to maximize their potential.

***Reviewing and Responding:*** The valuable feedback from various stakeholders is reviewed and specific responses used to enhance academic outcomes of the students. The Registrar's Office is constantly supervising the performance, periodic testing and feedback along with the attendance of students. The feedback committees collect and prepare an analysis of feedback in relevant areas. The IQAC is cognizant of these reports and holds creative discussions on queries and improvement of teaching tools and student engagement.

***PAL-Peer Assisted Learning*** by the Buddies program ventures to foster cross-level support between students of various years. PAL leaders are nominated by subject teachers. This aids in creating an engaging and inclusive learning environment for the students on the whole.

### **Evidence of Success**

- Exploring new strategies in pursuit of teaching excellence has resulted in a large number of university top ten positions by college students.

- The pass percentage of the college students is commendable and surpasses the average pass percentage of University colleges on the whole. Expanding entrepreneurial adeptness amongst students-formalization of skilful dexterity of pupils through formal and informal ventures
- Many students have extended their talents and abilities cultivated in the campus into full time vocations and have become successful entrepreneurs.
- The College pass-outs are not only enlightened with factual knowledge but also empowered with various life skills and display the success of our attempt to —Transform the teenagers of today into mature and benevolent citizens of tomorrow.